

# Download File Pocket Primary Care Pdf For Free

Pocket Primary Care Pocket Primary Care Pocket Primary Care Pocket Primary Care for PDA Tarascon Primary Care Pocketbook Pocket Primary Care Pocket Primary Care Pocket Primary Care Psychiatry in Primary Care 12 regels voor het leven Pocket Medicine. International Edition (Pocket Notebook Series) Pocket Emergency Medicine Pocket Medicine Mental Health A Pocket Guide Adult-Gerontology Primary Care Nurse Practitioner Certification Review Pocket Addiction Medicine Pocket Pediatrics Anxiety Disorders Pocket Obstetrics and Gynecology Evaluation and Management of Chronic Pain for Primary Care Pocket Surgery European Pain Management Verpleegkundige Interventies Ikigai Diagnose Clinical Ultrasound Tarascon Hospital Medicine Pocketbook Pocket Prescriber Psychiatry Tarascon Primary Care Pocketbook Ageing and Long-term Care Handbook of Primary Care Medicine NP Notes Primary Care of the Newborn Tarascon Pocket Orthopaedica Health Insurance Options Handbook of Obstetrics, Gynecology, and Primary Care Pocket Medicine High-Yield Board Review Alzheimer's Disease in Primary Care: Pocketbook Pocket Guide to Kidney Stone Prevention

*Pocket Pediatrics* Jul 12 2021 Ideal for medical students, interns and residents, the latest edition of this portable quick-reference--part of the popular Pocket Medicine series, prepared by residents and attending physicians--has been updated with new contributors and information on pediatric disorders and problems encountered in any clinical situation, including the ICU. The book is heavy on bulleted lists, tables, and algorithms, and the small size means it can fit snugly in anyone's white coat pocket! Features a four-color insert chapter packed with dermatological images. Incorporates new contributors from the University of Rochester and new information and theoretical developments in the field. Written in a concise, to-the-point style, which makes for easy absorption of material. Bulleted format makes a perfect quick reference covering a comprehensive spectrum of everyday pediatric illnesses. Handy for getting ready for pediatric board exams, too! Enhance Your eBook Reading Experience: Read directly on your preferred device(s), such as computer, tablet, or smartphone. Easily convert to audiobook, powering your content with natural language text-to-speech.

*Pocket Medicine. International Edition (Pocket Notebook Series)* Jan 18 2022 The flagship volume in the popular Pocket Notebook series, Pocket Medicine, 7th Edition, is a must-have resource for fast answers to diagnostic questions you'll face on rounds and exams. It provides up-to-date, dependable guidance on the internal medicine information needed to make an accurate diagnosis and develop a treatment plan. Compiled by residents and attending physicians at Massachusetts General Hospital, this best-selling reference ensures that quick access to key clinical information and solutions to common problems in internal medicine is as close as your pocket! The thoroughly revised 7th Edition offers: Easy access to essential information on the most common disorders in cardiology, pulmonary medicine, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, rheumatology, and neurology Focused coverage in a highly templated format, including bulleted lists, abbreviations, symbols, tables, and algorithms References to landmark papers to help you intelligently answer questions from attendings and residents - all from a trusted source acceptable for use on rounds User-friendly tabs and a 2-color design to help you find information quickly Ideal coverage for medical students, interns, residents, advanced practice nurses, PAs, and candidates reviewing for internal medicine board exams.

*Pocket Primary Care* Nov 28 2022 "Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized loose-leaf is created in the style of Pocket Medicine by providing key clinical data for students and residents and focuses on patient care in the outpatient setting. Pocket Primary Care is a handy summary of key clinical information designed to form the basis of an individual's pocket notebook or to be integrated into one's own notebook. Includes areas of: preventive medicine, cardiovascular, dermatology, endocrine, gastrointestinal, hematology, infectious disease, musculoskeletal, neurology, ophthalmology/ ENT, psychiatry/social, pulmonary, renal/urology, special populations, women's health, men's health, and geriatric"--

*Pocket Emergency Medicine* Dec 17 2021 Pocket Emergency Medicine, Fourth Edition, provides accurate, actionable, and easily accessible information for clinicians on the front lines of emergency care. Designed to be used at the bedside, it's an outstanding go-to source for the essential information you need to care for patients in life-threatening situations. This volume in the popular Pocket Notebook series provides a concise and focused review of the entire field of emergency medicine -- from history and physical exam to differential diagnosis testing to therapeutics to disposition - all in one easy-to-navigate looseleaf notebook. Features: Mirrors the thought process of emergency medicine clinicians in day-to-day practice. Fully updated throughout. Bulleted lists, tables, diagrams, and algorithms make essential facts easy to find and retain Covers all major organ systems, plus emergencies related to the environment, pediatrics, the psychiatric patient, toxicology, airway management, trauma, and more. Contains useful quick-reference appendices on abbreviations, PALS, ICU medications, equations, and more. Written by emergency medicine residents from the University of Colorado and Harvard University, and edited by senior faculty.

*Tarascon Hospital Medicine Pocketbook* Sep 02 2020 The Tarascon Hospital Medicine Pocketbook is an evidence-based, point-of-care compact reference book for the busy clinician to use on the hospital wards or in the ICU. This quick reference provides inpatient clinicians with critical information about the evaluation and management of every common medical disorder encountered in the hospital, including the most common conditions encountered in the ICU. This user-friendly pocketbook is packed with tables and algorithms intended to quickly direct the busy clinician to an evidence-based approach to manage any common medical condition. The Tarascon Hospital Medicine Pocketbook is an essential guide for all practicing hospitalists, medical students, resident physicians and midlevel providers who work in the hospital setting.

*Tarascon Primary Care Pocketbook* Aug 25 2022 The Tarascon Primary Care Pocketbook, Fourth Edition is a concise yet comprehensive evidence-based overview of the major conditions seen by primary care physicians. Packed with essential lists, and tables, this resource provides instant reminders of hard-to-remember yet vitally important clinical facts. The updated edition includes major updates in over 50 medical conditions, and new chapters in palliative care, oncological emergencies, HIV infection, outpatient pediatric medications, and more. The Tarascon Primary Care Pocketbook, Fourth Edition is an essential pocket reference for the family physician, internist, student, mid-level provider, and attending physicians who see patients in the ambulatory setting.

*Primary Care of the Newborn* Feb 25 2020 Here's a comprehensive, pocket-sized resource for the care of full-term newborns. It provides guidance on well-baby development, monitoring the newborn, non-acute disease management, patient education, and more. Concise and convenient, this is the perfect reference for anyone who cares for babies in the first hours of life. Presents cutting-edge chapters on prenatal diagnosis, screening, and genetics. Speeds information gathering with extensive charts and tables, procedures, laboratory observations and other essential data collected in appendices. Expedites access to vital information with a bulleted outline format. Offers relevant tables on cultural and religious considerations affecting care of the newborn. Enhances favorite figures to make visual information easier access. Adds Fast Facts, Pearls and Pitfalls and expert opinions to give you authority in a flash.

**Health Insurance Options** Dec 25 2019

*Pocket Prescriber Psychiatry* Aug 01 2020 Pocket Prescriber Psychiatry is a concise, up-to-date prescribing guide containing all the "must-have" information that psychiatrists and mental health professionals need to know. This book provides the key essential information for all mental health professionals prescribing drugs and is essential for psychiatrists, mental health nurses, primary care physicians, psychologists, psychotherapists, and counsellors and anyone caring for people with mental health issues.

**Pocket Primary Care** May 22 2022 The Pocket Notebook Series provides key clinical information in the same looseleaf pocket binders that most medical students and interns carry -- the familiar "pocket brain." Readers can easily add their own notes, or add the printed looseleaf pages to an existing "pocket brain." Pocket Primary Care was

prepared by residents and housestaff at University of Chicago and Brigham and Women's Hospital, Boston. It provides key points on common problems seen in the ambulatory setting -- preventive health, systemic concerns, endocrinology, dermatology, ENT, cardiology, pulmonary, gastroenterology, hematology and oncology, nephrology and urology, obstetrics and gynecology, sexually transmitted diseases, musculoskeletal concerns, neurology, ophthalmology, psychiatry, and psychosocial issues.

**Pocket Primary Care** Apr 21 2022 Pocket Primary Care was prepared by residents and housestaff at University of Chicago and Brigham and Women's Hospital, Boston. It provides key points on common problems seen in the ambulatory setting--preventive health, systemic concerns, endocrinology, dermatology, ENT, cardiology, pulmonary, gastroenterology, hematology and oncology, nephrology and urology, obstetrics and gynecology, sexually transmitted diseases, musculoskeletal concerns, neurology, ophthalmology, psychiatry, and psychosocial issues.

**Pocket Medicine** Nov 16 2021 Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized looseleaf is one of the best-selling references for medical students, interns, and residents on the wards and candidates reviewing for internal medicine board exams. In bulleted lists, tables, and algorithms, Pocket Medicine provides key clinical information about common problems in all areas of internal medicine. The looseleaf binding resembles the familiar "pocket brain" notebook that most students and interns carry and allows users to add notes. This thoroughly updated Second Edition includes a new section on neurological problems, particularly stroke and seizures. Pocket Medicine, Second Edition is also available electronically for PDAs. See Media listing for details.

**NP Notes** Mar 28 2020 A Davis's Note Book! Must-have information--to go! Put this handy guide to work in class, in clinical, and in practice. From screening and assessment tools and differential diagnosis through the most commonly ordered drugs and billing and coding, this volume in the Davis Notes Series presents the information you need every day in a pocket-sized resource. The 3rd Edition of this AJN Book of the Year Award Winner has been completely revised and updated to reflect the latest changes in the field. See what students and practitioners are saying online about the previous edition... Great NP Pocket Guide. .."this little gem will be my pocket companion for years to come. They have produced a remarkable waterproof and reusable guide... This is one of the best purchases I have made and will use this on a daily basis throughout school and my career. This is a must for every nurse practitioner student as well as the practicing nurse practitioner. Highly recommend, I LOVE this pocket guide!" --Terry South Great pocket guide for FNP students and new NP's. "This is a great pocket guide for quick reference. There is a LOT of information packed into this small package, and am looking forward to using it in my final semester of my FNP program and into my early practice." -- Christine E. Pereira

**Pocket Surgery** Mar 08 2021 Prepared by residents and attending physicians at Beth Israel Deaconess Hospital, Pocket Surgery, follows the style of Pocket Medicine, one of the best-selling references for medical students, interns, and residents. This pocket-sized loose-leaf resource can be used on the wards and by candidates reviewing for board exams. In bulleted lists, tables, and algorithms, Pocket Surgery provides key clinical information about common surgical conditions in all areas of surgery, including breast, critical care, cardiothoracic, gastrointestinal, colorectal, vascular, pediatric, plastic, transplant, transplant, and endocrine.

**Tarascon Primary Care Pocketbook** Jun 30 2020 This altogether-new pocket guide is packed with essential lists, figures, and tables concisely covering the full spectrum of ambulatory medicine, sporting instant reminders of hard-to-remember yet vitally important clinical facts. While it has been designed for the busy family physician, internist, or other primary care provider, it is also the perfect succinct resource for specialists who - of necessity - are periodically required to dabble in more-general practice issues. Additionally, it is the ideal guide for trainees on ambulatory rotations. The Tarascon Primary Care Pocketbook is meticulously referenced and has been peer-reviewed by an expert multi-disciplinary editorial board.

**Pocket Primary Care** Dec 29 2022 "Pocket Primary Care was created out of a desire to support those practicing in the ambulatory setting - to recognize the unique and full spectrum of care provided there, from counseling patients on insomnia to diagnosing STIs, from interpreting PFTs to treating osteoporosis. The second edition includes innumerable updates in clinical practice, guidelines, and research from the past 5

years. It reflects the work of dozens of physicians from the MGH diaspora, and we hope that this edition, when combined with sound clinical judgement, improves the lives of its readers and their patients"-- Provided by publisher.

**Pocket Medicine High-Yield Board Review** Oct 23 2019 Following the organization of Dr. Marc Sabatine's bestselling Pocket Medicine manual, Pocket Medicine High-Yield Board Review is an all-new, must-have study guide for advanced medical students; for residents in internal medicine, family medicine, and primary care; and for practitioners. This new review brings you authoritative, trusted content designed to prepare you for success on licensing, certification, and recertification exams and hone your knowledge of internal medicine.

**Verpleegkundige Interventies** Jan 06 2021 'Verpleegkundige interventies' is de vertaling van 'Nursing Interventions Classification (NIC)'. Deze vierde, herziene Nederlandse editie is gebaseerd op de zesde Amerikaanse druk. Het boek biedt een gestructureerde indeling (taxonomie) van verpleegkundige handelingen en verrichtingen. De belangrijkste kenmerken van de NIC zijn: - volledigheid: meer dan 500 interventies; - evidence-based; - vanuit de bestaande praktijk ontwikkeld; - weerspiegelt de actuele klinische praktijk en recent onderzoek; - duidelijke en klinisch zinvolle terminologie; - in het veld getoetst; - gecombineerd met de NANDA-diagnoses.

**Pocket Addiction Medicine** Aug 13 2021 A new volume in the bestselling Pocket Notebook series, Pocket Addiction Medicine delivers highly relevant coverage of this widespread and increasing health care problem in an easily portable source. Edited by physician leaders in Addiction Medicine, Drs. Sarah E. Wakeman, Joshua D. Lee, and Anika Alvanzo and co-published with the American Society of Addiction Medicine (ASAM), this handbook provides must-know information on everything from screening for and diagnosis of substance use disorder to managing intoxication and withdrawal, to ongoing treatment of substance use disorder, including caring for special populations--all designed for quick reference at the point of care. Using the popular, easy-access Pocket Notebook format, it puts key clinical information about a broad range of issues in addiction medicine at your fingertips in seconds. Contains up-to-date content in outline format, with bulleted lists, tables, and algorithms for quick reference. Covers the most essential topics in addiction medicine including screening, diagnosis, treatment, toxicology testing, harm reduction, and many more. Progresses logically from basic epidemiology, to assessment, diagnosis, and treatment. Consult this high-yield handbook by diagnosis, such as opioid use disorder, alcohol use disorder, or stimulant use disorder; or by special topic, such as preventing overdose and infectious complications associated with injection drug use, caring for pregnant people with substance use disorder, treatment of pain and opioid use disorder, or understanding recovery supports. A portable and authoritative resource for physicians and trainees in primary care and other specialty areas, as well as students and other healthcare professionals. Enrich Your eBook Reading Experience Read directly on your preferred device(s), such as computer, tablet, or smartphone. Easily convert to audiobook, powering your content with natural language text-to-speech.

**Pocket Primary Care** Jul 24 2022 Part of the highly popular and respected Pocket Notebook series, Pocket Primary Care, 3rd Edition, puts answers to common diagnostic questions in the outpatient setting at your fingertips in seconds. Dr. Curtis R. Chong and his team of expert contributors provide current evidence-based practices, accepted best practices, and real-world guidance on all major subspecialties, including appropriate workups and when to refer. This practical, high-yield reference mirrors the thought process of primary care clinicians in day-to-day practice, all in an easy-to-use, loose-leaf format that's ideal for physicians, students, residents, nurses, and PAs--anyone who sees patients in today's busy ambulatory settings.

**Pocket Primary Care** Oct 27 2022 Part of the highly popular and respected Pocket Notebook series, Pocket Primary Care, 3rd Edition, puts answers to common diagnostic questions in the outpatient setting at your fingertips in seconds. Dr. Curtis R. Chong and his team of expert contributors provide current evidence-based practices, accepted best practices, and real-world guidance on all major subspecialties, including appropriate workups and when to refer. This practical, high-yield reference mirrors the thought process of primary care clinicians in day-to-day practice, all in an easy-to-use, loose-leaf format that's ideal for physicians, students, residents, nurses, and PAs--anyone who sees patients in today's busy ambulatory settings. Contains fully updated information throughout, including the latest clinical guidelines and new therapeutic recommendations. Features bulleted lists, tables, diagrams,

and algorithms that provide focused information on everything you need to know in order to make an accurate diagnosis and develop a treatment plan. Includes a new chapter on COVID-19. Covers all diseases and conditions commonly seen in the clinic or ambulatory setting, including topics such as routine screenings, health literacy, disease screening, psychiatry, women's health, men's health, and geriatrics. Provides references to landmark papers that help residents and students confidently answer questions during rounds. Enrich Your eBook Reading Experience Read directly on your preferred device(s), such as computer, tablet, or smartphone. Easily convert to audiobook, powering your content with natural language text-to-speech.

**Ageing and Long-term Care** May 30 2020 The case studies in this book focus on the emergence, extent and nature of national policies on ageing and associated strategies to address long-term care needs. Key opportunities for and constraints on policy are identified in this first round of regional studies.

**Mental Health A Pocket Guide** Oct 15 2021 This highly valued quick reference guide returns in its fourth edition to provide practical and helpful strategies for responding effectively to those in crisis. Mental Health: A pocket guide delivers a comprehensive overview of the relevant concepts vital to contemporary mental health care. With a clear focus on the consumer, it covers the issues faced by people living with mental illness, as well as best practice approaches for primary health, first responders and multidisciplinary health care professionals. Practical strategies for commonly encountered situations Easy to access information presented in bullet point and table format A recovery and person-centred care approach throughout Case studies Guidance on medications, assessment tools and terminology An eBook included in all print purchases Increased consumer focus New chapter on trauma-informed practice and care New focus on loss and grief (including loss of employment, relationships, COVID and climate-related events) Increased focus on self-care, self-awareness and support strategies Greater emphasis on cultural awareness and working across the lifespan

**Clinical Ultrasound** Oct 03 2020 This pocket manual is designed to guide medical professionals in acquiring skills in basic ultrasound imaging. It describes the most common scans performed at the patient's bedside, specifically in the emergency department or intensive care unit. Following an overview of basic ultrasound principles, the use of this modality to visualize specific organ systems is described. In a quick-reference bulleted format, each chapter details indications, basic techniques (patient position, organ windows/views), probe placement, anatomy, pathology, pearls, and key points in ultrasound imaging. The extensive collection of images helps orient the reader in interpreting the scans, depicts anatomic landmarks, and identifies key pathologic findings for each organ system. Clinical Ultrasound: A Pocket Manual is an accessible guide to performing bedside ultrasound imaging for emergency medicine physicians, primary care physicians, critical care medicine providers, residents, and medical students.

*Alzheimer's Disease in Primary Care: Pocketbook* Sep 21 2019

**Psychiatry in Primary Care** Mar 20 2022 Psychiatry in Primary Care: A Concise Canadian Pocket Guide is a comprehensive, practical resource designed to support the work of primary care providers who encounter challenging mental health problems in their daily practices. Following a "just the pearls" approach, Psychiatry in Primary Care provides realistic, clinically-tested guidance on detecting and managing mental health problems within the primary care context. Topics covered range from depression, anxiety and personality disorders to psychotherapy in primary care and managing mental health-related disability and insurance claims. Designed for quick access, the guide features useful tools, established diagnostic criteria, useful approaches and alternatives to pharmacotherapies and other resources. Edited by David Goldbloom and Jon Davine, Psychiatry in Primary Care features leading contributors from across Canada.

**European Pain Management** Feb 07 2021 The European Pain Federation EFIC is made up of Chapters of the International Association for the Study of Pain (IASP). Its Health Care Professionals look after a population of over 740 million people in its 37 member countries. European Pain Management provides a review of the organization and delivery of pain care in the 37 European countries. Leaders in the field of pain management from each country offer a chapter on how their health and pain care services are organized, the demands of their specific populations, the specific national challenges they face, and examples of innovations and advances. After this comprehensive summary, key experts in the field discuss issues that are pertinent to all the European nations; ranging from working with young people to managing opioids,

and the rise of pain as a specialism. The final chapter pulls together themes from across the entire book, making a call to envision a new form of pain management for a new Europe. European Pain Management provides an authoritative summary, description, and discussion of the challenges and opportunities for improving the care of people living in pain.

**Pocket Primary Care** Jun 23 2022 The idea of number one fitness care (PHC) advanced for the duration of the Nineteen Seventies, stimulated with the aid of using and influencing the simple desires method to social improvement. Informed on the only hand with the aid of using the disappointments skilled in imposing the simple fitness offerings method, and on the alternative with the aid of using the exquisite development in enhancing fitness in China, in addition to with the aid of using the achievements of many small

**Anxiety Disorders** Jun 11 2021 This pocket guide is designed to help the primary care practitioner recognize, diagnose, and manage anxiety disorders in a busy clinical practice. It presents an easy-to-follow, step-by-step approach, and offers practical points based on both real patient-care experience and review of current medical literature. The guide includes helpful chapters on psychopharmacology, psychopharmacotherapy, and psychologic treatment for the anxiety disorders.

**Pocket Guide to Kidney Stone Prevention** Aug 21 2019 This book provides a concise, patient-directed approach to stone prevention. It defines who to evaluate and when to treat, and provides empiric guidelines for all stone formers. Specific treatment guidelines are also included, based on the kidney stone composition and the underlying metabolic abnormalities demonstrated by 24-hour urine stone risk profile. Written by experts in the field, Pocket Guide to Kidney Stone Prevention: Dietary and Medical Therapy serves as a valuable resource for a broad base of clinicians in primary and specialty care.

**Pocket Primary Care for PDA** Sep 26 2022 The Pocket Notebook Series provides key clinical information in the same practical loose-leaf pocket binders that most medical students and interns carry--the familiar "pocket brain." Now Pocket Primary Care has been adapted to the new-generation "pocket brain"--the Palm OS, Windows, CE., or Pocket PC handheld device. PDA users can add Pocket Primary Care and customize it by adding their own notes and comments. Pocket Primary Care provides key points on common problems seen in the ambulatory setting--preventive health, systemic concerns, endocrinology, dermatology, ENT, cardiology, obstetrics and gynecology, hematology and oncology, ophthalmology, psychiatry and more.

**12 regels voor het leven** Feb 19 2022 Wat moet iedereen in de moderne wereld weten? Om antwoord te geven op deze moeilijkste vraag der vragen combineert de gerenommeerde psycholoog Jordan B. Peterson de zwaarbevochten waarheden van oude tradities met verbluffende ontdekkingen van grensverleggend wetenschappelijk onderzoek. Op humoristische, verrassende en informatieve wijze vertelt Jordan Peterson ons waarom kinderen die aan het skateboarden zijn met rust gelaten moeten worden, welk verschrikkelijk noodlot mensen die te snel oordelen te wachten staat, en waarom je altijd een kat moet aaien als je er een tegenkomt. Peterson legt grote verbanden en distilleert daarbij uit alle kennis van de wereld 12 praktische en fundamentele leefregels. In 12 regels voor het leven maakt Jordan Peterson korte metten met de moderne clichés van wetenschap, geloof en de menselijke natuur, en tegelijkertijd transformeert en verrijkt hij de denkwijze van zijn lezers. Dr. Jordan B. Peterson (1962) is psycholoog, cultuurcriticus en hoogleraar psychologie aan de Universiteit van Toronto. Zijn wetenschappelijke artikelen hebben de moderne kijk op persoonlijkheid en creativiteit voorgoed veranderd. Peterson heeft honderdduizenden volgers op social media en zijn YouTube-clips zijn meer dan 27 miljoen keer bekeken. 'Peterson is vandaag de dag de invloedrijkste intellectueel van de westerse wereld. Voor miljoenen jonge mannen blijkt de methode-Peterson het perfecte tegengif voor de mengeling van knuffelen en beschuldigen waarin ze zijn grootgebracht.' - DAVID BROOKS, THE NEW YORK TIMES 'Hoewel ik in veel opzichten met Peterson van mening verschil, ben ik het hartgrondig eens met zijn nadruk op het zorgvuldig, zonder vooroordelen bekijken van grote maatschappelijke en persoonlijke kwesties om daar rationele, weloverwogen oplossingen voor te vinden. Dit boek staat er vol mee.' - LOUISE O. FRESCO 'Peterson stapt als een magiër door de ideeëngeschiedenis van het Westen, en hij maakt alles urgent, en stralend. Ja, er zijn regels voor het leven, met moeite gedistilleerd in de wildernis van het bestaan, gevoed met klassieke waarden en inzichten die de tand des tijds doorstaan, als wij volharden. Peterson is momenteel de belangrijkste "praktische"

intellectueel.' - LEON DE WINTER 'Peterson is een genie op vele vlakken. 12 regels voor het leven is een groot, controversieel, ontvullend boek.' - THE TIMES 'Peterson is geen gebrek aan empathie te verwijten. Hij is als een vaderfiguur.' - TROUW

**Pocket Obstetrics and Gynecology** May 10 2021 This practical, high-yield Pocket Notebook title is an ideal on-the-go reference for trainees and practitioners of obstetrics and gynecology. Written by residents with oversight from fellows and faculty experts, and perfect for initial care plans during rounds, this easy-to-use, loose-leaf resource is packed with up-to-date information answering the clinical questions you face every day. Pocket Obstetrics and Gynecology, Second Edition, is an indispensable quick resource you won't want to be without! Includes a new chapter that covers substance abuse in pregnancy, depression, anxiety disorders, bipolar disorder, schizophrenia, and psychosis. Features fully revised content throughout, keeping you up to date with best practices and the latest research in the field. Covers primary care; emergencies; operative ob-gyn; pelvic surgery and urogynecology; infertility; prenatal care; normal labor and delivery; complicated pregnancy and delivery; cardiology; pulmonary; gastroenterology; hematology; neurology; gynecologic oncology, and more. Follows the popular Pockets Notebook format, featuring bulleted lists, tables, diagrams, and algorithms that make essential facts easy to find and retain. Contains helpful appendices on pelvic anatomy; common ob/gyn procedures and surgeries; drugs in OB and breastfeeding; ACLS algorithms; and NRP algorithm. Organizes chapters by organ system, putting women's health topics into general medical context - perfect for clerkship studies. Enrich Your eBook Reading Experience with Enhanced Video, Audio and Interactive Capabilities! Read directly on your preferred device(s), such as computer, tablet, or smartphone Customize for your language, including right-to-left reading, vertical writing, and enhanced annotation in over 30 languages Easily convert to audiobook, powering your content with natural language text-to-speech Adapt for unique reading needs, supporting learning disabilities, visual/auditory impairments, second-language or literacy challenges, and more

**Tarascon Pocket Orthopaedica** Jan 26 2020 The Tarascon Pocket Orthopaedica, Third Edition is the ultimate portable reference for the busy orthopedist or primary care physician caring for patients with musculoskeletal disorders or sports related injuries. This concise, organized pocket guide is packed with essential lists, figures, & tables providing instant reminders of hard-to-remember yet vitally important clinical information. Completely revised and updated, Tarascon Pocket Orthopaedica, Third Edition includes all new high-quality original artwork detailing extremity anatomy, fracture classifications, radiologic views, and orthopedic procedures.

**Handbook of Obstetrics, Gynecology, and Primary Care** Nov 23 2019 Here's a one-stop, portable resource for Ob/Gyns and residents who treat women for gynecologic and non-gynecologic problems. This handbook covers topics found in traditional Ob/Gyn manuals, as well as problems often encountered in daily practice, such as diabetes, headaches, mild hypertension, rectal bleeding and depression. Each chapter includes a concise description of the problem or procedure followed by the diagnosis and recommended treatment. Fits in pocket and takes the place of two pocket references. Provides primary care procedures for Ob/Gyns; Ob/Gyn material for primary care physicians. Includes evaluation, diagnosis and management. Algorithms provide step-by-step treatment guidance.

**Evaluation and Management of Chronic Pain for Primary Care** Apr 09 2021 Primary care physicians are often the first caretakers to whom patients present for chronic pain. The current literature targeted at these providers is sparse, and the existing literature is very broad and large in scope and size. There are no quick pocket guides on this topic that the general practitioner may use as a point of care reference. This first of its kind text provides a practical, hands-on approach to the evaluation and treatment of chronic pain in the family medicine setting. Divided into four main sections, the first part focuses on the general approach to any patient suffering from chronic pain. Chapters in this section include the physical exam, formulating a diagnosis, formulating a variety of treatment plans including medication, physical therapy and psychiatric therapy, and specialist referral, among others. The second section focuses on evaluation and management of the chronic pain patient who requires opioid therapy. This section includes useful guidance on how to convert into morphine equivalents, interpretation of urine drug tests, and helpful office procedures for managing refills. It gives practical guidance on how to prescribe opioid reversal agents and opioid tapering regimens. A systems based approach to managing the

patient is also discussed. The third section informs the reader of viable alternative and complementary treatment options. Five main treatment types are discussed each with their own separate chapter. These include musculoskeletal-based therapy, medicinal therapies, sense-based therapy, relaxation-based therapy and physical/exercise-based therapy. Given the controversy and limited training primary care physicians have on marijuana and cannabis, one chapter is dedicated specifically to inform the primary care physician on marijuana as a medicinal therapy for chronic pain. The fourth section focuses entirely on myofascial pain and trigger point therapy. The chapters in this section teach the reader how to examine and diagnose myofascial pain and distinguish between fibromyalgia. They also provide general principles of myofascial trigger point therapy and how to practically perform these in the clinical setting. Topics discussed include: trigger point massage, cold and stretch, isometric contraction, trigger point injection, and ischemic compression. It also includes general instruction so that the practitioner can teach patients how to perform trigger point therapy easily in their own home. The last chapter details chronic myofascial back pain and how to examine and practically treat with trigger point therapies. Evaluation and Management of Chronic Pain is a first-of-its-kind pocket-guide text specifically designed for primary care providers. It also appeals to residents, medical students and any other professional interested in treating chronic pain.

**Handbook of Primary Care Medicine** Apr 28 2020 The second edition of this pocket-sized handbook places greater emphasis on outpatient care and on physical diagnosis, and includes new tables on everyday concerns of the primary care physician, such as primary (non-obstetrics) care of pregnant patients and pre-operative and peri-operative evaluation and management of patients.

**Adult-Gerontology Primary Care Nurse Practitioner Certification Review** Sep 14 2021 Get the expert study tools you need to prepare for Adult-Gerontology Primary Care Nurse Practitioner certification! New from best-selling author JoAnn Zerwekh, Adult-Gerontology Primary Care Nurse Practitioner Certification Review has been carefully written and organized to mirror the AANP and ANCC test blueprints. The first edition of this robust study tool includes more than 1,400 multiple-choice questions that reflect the latest evidence-based clinical practice and national treatment guidelines and protocols. At the end of every chapter you'll find an Answers and Rationales section for instant remediation. Additionally, you can study anytime and anywhere with a mobile-optimized website that generates exams with questions taken from the book, plus new illustration-based and ordered-response questions. NEW! Expert exam prep matching the latest AANP and ANCC exam blueprints and item formats, including multiple-choice questions in print and ordered-response and image-based questions online. NEW! More than 1,400 practice questions with answers and detailed rationales for correct answers NEW! Questions mirroring the Primary Care AGPCNP certification exams cover the latest information on assessment, diagnosis, patient education, planning and intervention, evaluation of response to health care, health promotion strategies, scope of practice, and ethics. NEW! Up-to-date clinical content reflects the very latest evidence-based clinical practice and national treatment guidelines and protocols. NEW! Randomly generated practice exams online deliver an unlimited number of practice exams with automated grading and feedback. NEW! Chapter on Test-Taking Strategies guides you through techniques to increase clinical reasoning skills, improve testing skills, learn strategies for decreasing anxiety, and employ tips to improve study habits. NEW! QSEN-focused questions highlight the graduate-level safety competency of the Quality & Safety Education for Nurses (QSEN) initiative. NEW! Clinical chapters are divided into three areas to make it easy to locate specific information within each body system.

**Diagnose** Nov 04 2020 Het ontrafelen van de meest bizarre medische mysteries 'Een aanrader voor iedereen met een interesse in de geneeskunde.' - NEMO Kennislink De medische wereld zit boordevol mysteries. Als een waar detective duikt arts en New York Times-columnist dr. Lisa Sanders in de meest bizarre, raadselachtige en spannende verschijnselen uit de geneeskunde. Een greep uit de dossiers: Een 28-jarige man viert zijn verjaardag in de Bahama's en probeert eens iets nieuws bij het diner: barracuda. Een paar uur later zakt hij met verschrikkelijke buikkrampen in elkaar op de dansvloer. Een vrouw van middelbare leeftijd komt opnieuw bij de dokter, na twee dagen eerder langs te zijn geweest met lichte uitslag op haar handen. De uitslag is inmiddels paars geworden en als zweepslagen over haar hele lichaam verspreid. Een jonge olifantentrainer uit een rondreizend circus die ooit een kopstoot kreeg van een zebra, wordt uit het niets geteisterd door

splijtende hoofdpijn, alsof iemand 'een deur dichtslaat in z'n hoofd'. In elk van deze zaken is de weg naar de diagnose - en de behandeling - er een vol bizarre en soms onverklaarbare wendingen. In dit boek toont Sanders aan dat het stellen van de juiste diagnose expertise, zorgvuldige procedures en soms een tikkeltje geluk vereist. Diagnose plaatst ons in de schoenen van de dokter en laat ons deze meeslepende en soms onnavolgbare medische mysteries van dichtbij ervaren. Zie wat de dokters zien, voel hun onzekerheid - en ervaar de euforie wanneer alles op z'n plek valt.

Ikigai Dec 05 2020 Waar kom jij 's ochtends je bed voor uit? Ontdek de geheimen van het Japanse eiland Okinawa, waar het grootste aantal gezonde honderdjarigen ter wereld woont Volgens de Japanse traditie heeft iedereen een ikigai, een reden van bestaan. Het is één van de geheimen van een lang, tevreden en gezond leven, zoals de inwoners van Okinawa het leiden. Op dit Japanse eiland wonen meer gezonde en actieve honderdjarigen dan waar ook ter wereld. Sommige mensen hebben hun ikigai al gevonden, maar velen zijn er nog steeds naar op zoek. De auteurs vertrokken naar Okinawa en interviewden honderden inwoners om te ontdekken wat volgens hen het geheim is voor een

optimistisch en gezond leven. Zo is een populaire Japanse uitspraak Hara hachi bu, wat betekent 'eet tot je voor tachtig procent vol zit', dat is veel gezonder voor je lichaam. Ook hebben ze een moai, een groep mensen met dezelfde interesses die altijd voor je klaarstaan. En wat ze aanraden: ga nooit met pensioen, maar blijf altijd een doel hebben waarvoor je je bed uit komt. García en Miralles kregen inzicht in wat de Japanners eten, hoe ze bewegen, werken en omgaan met anderen. En hoe het vinden van je ikigai betekenis geeft aan je leven en je laat zien hoe je honderd jaar in topvorm kunt leven. Dit boek helpt je om je eigen ikigai te vinden en vertelt over de Japanse filosofie die zorgt voor een gezond lichaam, geest en ziel. De pers over ikigai 'We vinden ons ikigai door ons te concentreren op wat belangrijk is, in plaats van op wat dringend is. Door voortdurend in de gaten te houden wat goed voelt, zijn we in staat te ontdekken waar onze passie ligt.' Mundo Urano 'Er is geen haast, geen tijdslimiet, er zijn geen voorwaarden of verwachtingen, alles zal zich ontvouwen op het moment dat we goed kijken en luisteren naar wat er al in ons is.' Elephant Journal

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